**(360) 388-2902 | Ruben Inman | InmanRuben88@gmail.com**



**Professional Attributes**

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| --- | --- |
| * 5+ Years General Labor Experience
* Strong Interpersonal Skills
 | * Reliable with a Strong Work Ethic
* Ability to Maintain a Positive Attitude
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| * Natural at Collaborating with Others
* Two Years of Kitchen Work Experience
 | * Concrete and Insulation Experience
* Forrest/Lumber Work Experience
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| **Concrete and Insulation Experience** |  |

* Bent, formed, tied and installed rebar as illustrated in original blueprints or plans.
* Prepared worksites for concrete footings and assemble concrete forms on specified locations.
* Aligned, built, and erected different types of concrete structures and foundations.
* Restored or waterproofed existing concrete structures by using appropriate compounds and sealants.
* Distributed insulation materials evenly into small spaces within floors, ceilings, or walls, using blowers and hose attachments or cement mortar.
* Regularly installed insulation in equipment or structures, in a timely and efficient manner.
* Moved controls, buttons, or levers to start blowers. To regulate flow of materials through nozzles.

**Forrest and General Labor Experience**

* Performed a variety of tasks to reforest and protect timber tracts and maintain forest facility.
* Cleared and piled brush, limbs, and other debris from road side, fire trails, and camping areas.
* Erected signs and fences, using posthole digger, shovel, tamper, or other hand tools.
* Held measuring tape or survey rods, carried and set stakes, cleared brush from sighting line, and performed related tasks to assist forest survey crew.
* Completed all assigned tasks in a timely manner, and to my employer’s satisfaction.
* Assisted in building scaffolding and temporary structures.
* Safely operated a variety of tools including pressure washers, jack hammers, drills, saws, grinders, and blow torches.

**Work Experience**

* Concrete Laborer H. Anderson Concrete Ingal, ND Mar 2018-Dec 2018
* General Laborer Silver Thistle Farms Winlock, WA Jun 2017-Sep 2017
* Insulation Installer Pacific Coast Termites Freemont, CA Feb 2017-Aug 2017
* General Laborer Buzarth Underground Utl. Nana, CA Jan 2017-Feb 2017
* Forrest Worker Dept. Natural Resources Nassell, WA Jan 2016-Dec 2016

**Volunteer Experience**

* Recovery (Self & Others) Anonymous Recovery ND & WA Feb 2019-Present
* General Labor River Wood Baptist Chehalis, WA Jan 2017-Aug 2019

**Educational Experience and Certifications**

* Fork Lift Certified Mountain Lumber Chehalis, WA Jul 2016-Present
* Lube Tech Certified Haney Trucking Olympia, WA July 2015-Present